



**ADULT EDUCATION CLASS – *THE VOYAGE OF LIFE***  
***Sundays - May 3 and May 10***

**Betsy Hoover, LCSW, CENTUS counselor at Shepherd of the Hills Presbyterian Church in Lakewood, will be teaching a free Adult Education Class called "The Voyage of Life" on Sundays, May 3 and May 10.**

**Using the metaphor of a river, attendees will be encouraged to reflect on the courses their lives have taken. This process of reviewing joys and sorrows, gains and losses, achievements and disappointments will be undertaken with the goal of resolution and spiritual integration. It will also focus on engaging one's latter years in a healthy manner.**

**Please join the 9 A.M. - 10 A.M. class at Shepherd of the Hills, 11500 W. 20th Avenue, Lakewood, CO 80215.**

**Betsy Hoover, LCSW, CAC III  
CENTUS Counseling, Consulting & Education  
at Shepherd of the Hills Presbyterian Church  
11500 W. 20th Avenue  
Lakewood, CO 80215  
303-237-1150**