

# FEEDING THE SOUL III



*An interfaith spiritual growth  
conference encouraging clergy,  
care ministers, parish nurses  
and other care providers*

**Wednesday, September 20, 2006**  
at  
**First Plymouth Congregational Church**  
3501 S. Colorado Blvd.  
Denver, Colorado

## Schedule and Event Details

<b>8:30AM</b>	<b>Registration</b>
<b>9:00AM</b>	<b>Opening Plenary - Shattered Souls: Profound Childhood Abuse and Frozen Faith Development</b>
<b>10:30AM</b>	<b>Break</b>
<b>10:45AM</b>	<b>Track 1 Workshops: Care of Self</b>
<b>12:15 Noon</b>	<b>Lunch</b>
<b>1:30PM</b>	<b>Track 2 Workshops: Care of Others</b>
<b>3:00PM</b>	<b>Break</b>
<b>3:15PM</b>	<b>Healing Service</b>
<b>4:00PM</b>	<b>Adjourn</b>

## Event Coordinators

CENTUS Counseling, Consulting & Education (formerly Denver Samaritan Counseling Center)  
Iliff Institute of the Iliff School of Theology  
Life Quality Institute (founded by Hospice of Metro Denver)

## Sponsors

Horan & McConaty  
Life Quality Institute (founded by Hospice of Metro Denver)

## Supporters

HeartLight Center  
Hospice of Metro Denver

## Course Credit

0.5 CEUs available through the Iliff Institute at the Iliff School of Theology.  
Please register for CEUs on site. A \$10.00 processing fee will be charged.

## Cost

\$45 per person  
Or \$35 if registration is received before September 11<sup>th</sup>.  
Registration fee includes lunch.  
You may make your payment by check or VISA/Master Card.  
See registration form inside for complete details.

## Contact

CENTUS Counseling, Consulting & Education  
Attention: Lee Singleton  
1385 S. Colorado Blvd., Suite A-210  
Denver, Colorado 80222  
303-639-5240  
Email: [lsingleton@CENTUS.org](mailto:lsingleton@CENTUS.org)

For additional forms or information: [www.centus.org](http://www.centus.org)

## OPENING PLENARY (9:00-10:30 AM)

### Shattered Souls: Profound Childhood Abuse and Frozen Faith Development

"Why, why, why?" Why Did God let it happen to me?" Learn about the hidden aspect of childhood abuse – the geography of the child's shattered soul. Safeguarding God's children must always be present, but how do we hear the silent cries of those who were not kept safe?

Presented by **Sherry Niermann** and the **Rev. Diane Moore**-Founders & Directors of the Colorado based ministry: *Mary's Hope Workshops – Spiritual Healing and Recovery for Abuse Survivors*

## WORKSHOPS

### CARE OF SELF

#### TRACK 1 (10:45AM – 12:15PM)

These workshops focus on encouraging care providers to take care of themselves for their own health as well as to enable better functionality in their work.

#### 1A: The "Cup" of Caregiving

The continuing challenge of caregivers is to keep a balanced cup of life for wholeness and wellness. Using the self scoring TESTWELL INVENTORY from the National Wellness Institute, participants will look at six dimensions of personal wellness - occupational, emotional, physical, social, spiritual and intellectual.

Led by **Larry Hone**, an adjunct faculty member at several local colleges, and **Rev. Linda Marshall**, Minister of Congregational Care at Trinity United Methodist Church, Denver. CO

#### 1B: Grief Workshop – An Art Therapy Perspective

An experiential session focusing on self-care using art as self-reflection and as a way to be witnessed in mind, body and spirit. (Limited to 20 participants.)

Led by **Gretchen Story**, Director of the Art Therapy Program at Hospice of Metro Denver



#### 1C: Introduction to the Practice of Centering Prayer

Centering prayer is a means of deepening one's relationship with God and nurturing inner peace. In this workshop we will examine the basics of this spiritual discipline and have a practice session. Led by **Lucy McGuffey**, Certified Spiritual Director

#### 1D: Healing Touch

Non-invasive, alternative energy therapy, using the hands to care for the mind/body/spirit. Healing Touch complements conventional health care and is used in collaboration with other approaches to health and healing. Led by **Terry M. Terry** of Grace Point Healing Touch

#### 1E: Enneagram—What Type Are You?

The Enneagram ("ennea" meaning "nine", and "gram" meaning "type") is a compelling, gut-resonating assessment tool which discerns the critical differences between personality types. A greatly condensed version of the test (taken by each participant), and discussion of the Enneagram's essential components, will guide this presentation.

Led by **Wayne Brown**, M.Div., LMFT

### CARE OF OTHERS

#### TRACK 2 (1:30 – 3:00PM)

Ways that care providers can protect and support those under their care.

#### 2A: Wounded Souls Walking Through My Door

An interactive workshop examining the 'Sacred Wounds' of adults who were victimized as children. Led by **Sherry Niermann** and the **Rev. Diane Moore**, Founders & Directors *Mary's Hope*

#### 2B: Discovering Spirituality in Transitions

Transition is a part of everyday life but our religious rituals often focus only around key transitions such as birth, death, or marriage. We will focus on the variety of transitions and how they can be understood in a spiritual dimension. Led by **Rev. Elizabeth D. Thompson**, Exec. Dir., CENTUS Counseling, Consulting & Education

#### 2C: Circle of Courage

Introduction to Native American concepts on raising children, sharing responsibilities within the family and respecting the elders of the community. Applications for therapeutic interventions will be addressed.

Led by **Bev Wennogle**, M.A., Ed.S., therapist at CENTUS Counseling, Consulting & Education

#### 2D: Horse Sense and the Human Soul

An experience of spiritual direction and growth through equine facilitated learning - deepening our relationships with God, ourselves and others.

Led by **Rev. Pam Roberts**, Exec. Dir. Samaritan Counseling Center of the Pikes Peak Region

#### 2E: Beyond Acceptance: Affirmation, Advocacy and Challenge

The theological implications of diversity and how we understand "wholeness." A panel discussion framing key concerns and considerations for the care of diverse populations – GLBT, ethnicity, and disabilities.

Presented by:

**Ginger Morgan**, Associate Dean of Students at Colorado College

**Rev. Sheila Johnson**, founding pastor of St Stephens Missions Church, Denver

**Debbie Creamer**, Visiting Assistant Professor of Theological Studies at the Iliff School of Theology

#### Healing Service (3:15-4:00PM)

Led by **Rev. Geri Cunningham**, ELCA pastor; accompanied by **Gloria Viglione**, harpist and certified Music-Thanatologist with Hospice of Metro Denver

A selection of books related to the presenters' topics will be available at the conference through Cokesbury Bookstore.

## REGISTRATION FORM

Select one workshop from Track 1 and one workshop from Track 2. (e.g. 1B and 2C).

Please indicate the workshops you would like to attend:

Track 1: \_\_\_\_\_

Track 2: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

(required to confirm your registration)

The fee is \$45 per person or \$35 per person if mailed by September 11<sup>th</sup>. (Fee includes lunch).

Complete and detach this form and mail with your VISA/Master Card info or check made payable to:

CENTUS Counseling, Consulting & Education  
Attn: Lee Singleton  
1385 S. Colorado Blvd., Suite A-210  
Denver, CO 80222

VISA/MC # \_\_\_\_\_  
(Circle One)

Expiration Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_